SEC Form 4	
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### FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Ch	leck this box if no longer subject to
	ction 16. Form 4 or Form 5
ob	ligations may continue. See
Ins	struction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

# OMB APPROVAL OMB Number: 3235-0287

L	Estimated average burden hours per response:	0.5
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1. Name and Addres	ss of Reporting Perso	n*	2. Issuer Name <b>and</b> Ticker or Trading Symbol <u>Babcock &amp; Wilcox Co</u> [ BWC ]		tionship of Reporting Perso all applicable)	on(s) to Issuer
(Last) (First) (Middle) 13024 BALLANTYNE CORPORATE PLACE SUITE 700		( <i>'</i> ,	3. Date of Earliest Transaction (Month/Day/Year) 03/05/2013	x	Director Officer (give title below) SVP & CFC	Other (specify below)
SUITE 700			4. If Amendment, Date of Original Filed (Month/Day/Year)		idual or Joint/Group Filing (	Check Applicable
(Street) CHARLOTTE	NC	28277		Line) X	Form filed by One Repor Form filed by More than Person	0
(City)	(State)	(Zip)				

### Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transa Code ( 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership	
			Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)
Common Stock	03/05/2013		М		3,170	Α	\$0	7,439	D	
Common Stock	03/05/2013		F		1,046	D	\$27.3	6,393	D	
Common Stock								454 <sup>(1)</sup>	Ι	401k Plan

### Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

	Derivative Security or Exercise (Month/Day/Year) if any Code (Instr. Derivative (Month/Day/Year) Amount of Securities Ownership of Indirect Security Securities Ownership of Indirect Security Securities Ownership of Indirect Securities Securities Securities Ownership of Indirect Securities Securit														
Derivative Conversion		Date (Month/Day/Year) if	Execution Date,	Transaction Code (Instr.		of		Expiration Date		Amount of		Derivative	derivative	Ownership	of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Restricted Stock Units	\$0	03/05/2013		М			3,170	(2)	03/05/2015	Common Stock	3,170	\$0	6,340	D	

Explanation of Responses:

1. Based on number of units held in the BWC Thrift Plan and the fair market value of BWC common stock as of March 4, 2013.

2. RSUs vest in three equal annual installments beginning March 5, 2013.

**Remarks:** 

<u>Anthony S. Colatrella, by</u>

Angela P. Winter, attorney-infact
\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.